CLAIMS:

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- 1. A method for treatment of hard tissue present in a fluid-filled body cavity, the cavity having a diameter of 3 mm or less, the method comprising: applying to said hard tissue, or to the proximity of said hard tissue, a laser beam produced by an Er:YAG laser device.
- 2. A method according to Claim 1, wherein the fluid-filled body cavity is selected from salivary ducts and temporomandibular joints.
- **3.** A method according to Claim 1, wherein the hard tissue is fibrous scar tissue or calculi.
- 4. A method according to Claim 1, wherein the hard tissue is disintegrated to fragments having a size of less than 2 mm.
 - 5. A method according to Claim 1, wherein the laser beam is provided through an endoscope, said endoscope also used for viewing the hard tissue.
- 6. A method according to Claim 5, wherein the endoscope is a Nahlieli type sialo-endoscope.
 - 7. A method according to Claim 1, wherein the parameters of the laser beam are 200-1000 millijoule/mm²
 - **8.** A method according to claim 7 wherein the parameters of the laser beam are 300-700 millijoule/mm²
- 9. A method according to claim 8 wherein the parameters of the laser beam are 500-700 millijoule/mm².
 - 10. A system for carrying out the method of Claim 1, said system comprising:
 - (a) an endoscope for visualizing the interior of the cavity of said laser beam;
- 25 **(b)** an Erbium:YAG laser device located in said endoscope, adapted to generate a laser beam in order to pulverize the hard tissue; and

- (c) an optic fiber for delivering the laser beam to the hard tissue or to the vicinity of the hard tissue, the length of the optic fiber being 10-20 cm.
- 11. The system according to Claim 10, wherein the endoscope is a Nahlieli typesialo-endoscope, and wherein said delivery of said laser beam is by a rigid, curved optical fiber.
 - **12.** An aperture adapted for connecting to a Er:YAG laser having an optic fiber for insertion into a body cavity having a diameter of 3mm or less.
- 13. An aperture according to claim 12 having an optic fiber having a length of 10-20 cm.
 - 14. An aperture according to claim 13 wherein the optic fiber is flexible.